

## Mug Cake

(Ratio is 4/3/2/1)

### **Basic Mix**

4 tablespoons SR flour

3 tablespoons milk

3 tablespoons veg oil

2 tablespoons sugar (can adjust down as this is quite sweet)

1 egg

### **Add:**

- 1 tablespoon cocoa for chocolate cake
- Chocolate bits for added decadence – dark, milk, white, whichever is your favourite
- 1 teaspoon each of ground ginger and mixed spice for gingerbread (less sugar - or swap to brown sugar - plus squirt of golden syrup also optional).

### **To Make**

Mix dry ingredients together into a large mug. Add all wet ingredients and mix through. Bake in the microwave for 3 minutes.

Optional: Mix in a bowl and split between up to 4 ramekins or 2 smaller mugs. Makes a great quick dessert with ice cream, custard and cream.